

St Mary's Secret Garden Changing Minds Garden Celebration and Drop-In Launch

Monday 5th September 2pm—4pm

Food and drink provided

Come and see what we've achieved so far!

Learn new skills, get fitter and more active, meet new people and get involved.

Changing Minds* has been funded by Ecominds, a £7.5million funding scheme run by Mind on behalf of the BIG Lottery Fund. Ecominds involves people with direct experience of mental distress in environmental projects that improve their mental and physical health, and local communities.

* Subject to change



Well being through gardening

Ecominds



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